

Dear Parents/Guardians,

There have been many children out with illness. It is important to keep your child home when they are sick or not feeling well. A child who is sick will not be able to perform well in school and is likely to spread the illness to other children and staff.

It is essential to review with your child good handwashing techniques and covering coughs and sneezes to prevent spread of illness.

Please as a reminder DO NOT send your child to school if he/she has:

1. Fever in the past 24 hours, do not give "Tylenol" before school in an attempt to "get through the day".
2. FLU like symptoms.
3. Vomiting or diarrhea in the past 24 hours.
4. Bad cold, with a very runny nose or sore throat with a bad cough.

Thank you for your attention to this matter and helping us to keep out school as healthy as possible for all students and staff.

If you have any questions or concerns please call the health office at 1-973-239-1171.

Mrs. Renee Regan R.N.
School Nurse